

Wang's Martial Arts

92-B Wilson Rd.
Humble, TX 77338
U.S.A.

Phone (281) 548-1638, (281) 682-3387
E-mail: wang3888@embarqmail.com
Web site: www.WangsMartialArts.com

School Phone number:
281-548-1638,
281-682-3387 (Cell)

January 2015 Newsletter Summary

Kung Fu Rank Test

Date: 9-14 yrs: 2-5-2015, Thursday, 6-8:30 pm
5-8 yrs: 2-7-2015, Saturday, 1:30-3:30 pm
15 yrs +: 2-7-2015, Saturday, 3:30-5:30 pm
Must register on or before 2-3-2015.
Test fee : \$40.00 and up

Proverbs 4 .

- ¹⁸ The path of the righteous is like the morning sun,
shining ever brighter till the full light of day.
¹⁹ But the way of the wicked is like deep darkness;
they do not know what makes them stumble.

Basic Sabor class - Date: 5/8, 5/15, 5/22, 5/29/15 (Friday), Time: 8 - 9 pm,
Cost: \$49.00 / \$24.50 for Review

Nunchaku Class - Date: 4/20/15 (Monday), Time: 8 - 9 pm, Cost: \$19.00

Advance Sabre Class - Date: 4/3, 4/10, 4/17, 4/24/15, (Friday), Time: 8 - 9 pm,
Cost: \$ \$69.00 / \$34.50 for Review.

Basic Bo Class - Date: 1/9/15, 1/16/15, 1/23/15, 1/30/15 (Friday), Time: 8 - 9 pm,
Cost: \$49.00 / \$24.50 for Review



Wang's Martial Arts 13th Lunar New Year &
World Peace Martial Arts Chop Suey Con Festival & Dinner.
Date: March 14, 2015 (Saturday)
Time: Festival 9 am - 5 pm, Dinner 6 pm - 9 pm.
Place: Humble Civic Center & Arena Expo.

Tai Chi Rank Test

Date: 2-21-2014 (Sat.)
Time: 12 noon – 2:00 pm

Black Belt club & Accelerated
program rank test:

Date: 1-10-2015 (Saturday)
Time: 2 - 4:30 pm

Brown and Black rank test

April 07, 2015 (Tue.) 6 – 8 pm
April 09, 2015 (Thur.) 6 – 8 pm
April 11, 2015 (Sat.) 9 am – 3 pm

Kung Fu Test results - 1/10/15.

Abraham Rocha - Yellow
Aiden Trayal - Purple

Tai Chi Test results - 11/22/14.
Polly Ferguson - Black

To celebrate Valentine's Day, Buy American Made.

Wang's Martial Arts College Student
Scholarship Fund:

2009 Scholarship Fundraising Banquet -
\$628.98

Inner-School tournament:

December 5, 2009 - \$105.00

March 6, 2010 - \$85.00

July 10, 2010 - \$100.00

December 6, 2010 - \$105.00

March 19, 2011 - \$80.00

June 4, 2011 - \$115.00

September 10, 2011 - \$150.00

December 3, 2011 - \$110.00

March 3, 2012 - \$150.00

Outdoor Training (3-25-12) - \$100.00

June 30, 2012 - \$160.00

September 29, 2012 - \$185.00

December 15, 2012 - \$125.00

May 4, 2013 - \$90.00

August 10, 2013 - \$105.00

November 2, 2013 - \$85.00

March 29, 2014 - \$90.00

August 2, 2014 - \$90.00

November 8, 2014 - \$45.00

**Total - \$2613.98 - \$300 - \$300 =
\$2013.98**

**\$300 scholarship to Ms. Megan Payne
on 06-04-12**

**\$300 scholarship to Mr. Wilfred Hung
on 06-24-13**

Current student at Wang's Martial Arts
who is taking 12 or more college credit
hours at semester final report card:

All A's - \$300.00

A & B's - \$200.00

All B's - \$100.00

Current Black Belt at Wang's Martial
Arts who is taking 6 or more college credit
hours at semester final report card:

All A's - \$500.00

A & B's - \$300.00

All B's - \$200.00

New Student:

Abraham Rocha, Jason Nichols
Minh Le, Josh Martinez,
Anna Vionis, Chloe Draughan,
Lana draughan, Randy Draughan,
Brandon Gordon, Greg Gordon,
Zoe Sadler, Kyle Sadler,
Aengus Cox, Arturo Rodriguez,
John Cox, justin Joseph,

Welcome!

January Birthday

Adam Arce	1/08
Clarissa Solis	1/23
David Barnes	1/12
Rick Strickland	1/07
Rusty Palmer	1/16
Diana Garcia	1/03
Wilfred Hung	1/19
Jack Santos	1/26
Janalee Zubi	1/10
James Dyess	1/21
Valerie Campa	1/19
Carlos Gamboa	1/19
Grace Lopez	1/1
Paul Greenwood	1/7
Lori Disorbo	1/7
James Gordon	1/8
Hosus Rosas	1/9
Robert Kerr	1/14
Jazmin Esquivel	1/22
Anthony Carrion	1/25
Henry Zenger	1/3
Josue Rosas	1/9
January Tsai	1/13
Joel Le Bon	1/15
Michael Gamoras	1/15
Anne Gutierrez	1/23
Thomas Cowart	1/27
Angie Ordonez	1/31
Jason Nichols	1/08
Josh Martinez	1/08
Allura Boutte	1/21
Rain Juarez	1/25

Happy Birthday

Black Belt Club & Accelerated Program

Tournament Competition Class:

Date: 1-26-15 (Monday)

Time: 8:00 – 9:00 pm

Nunchaku Class:

Date: 4/20/2015 (Monday)

Time: 8:00 – 9:00 pm

Conditioning & Reaction Drill Class:

Age 5 – 14 years old

Date: 1/15/2015 (Thursday)

Time: 8:00 – 9:00 pm

Age 15 – 98 years old

Date: 1/08/2015 (Thursday)

1/15/2015 (Thursday)

1/22/2015 (Thursday)

1/29/2015 (Thursday)

Time: 8:00 – 9:00 pm

Red, Brown and Black Belt Class

Every Saturday morning from 9:00 – 10:00 am

Tournament Points: Don't forget to turn in your
points after each tournament for a chance to win
a seven foot trophy at the Chinese New Year
Banquet!

1st Place-12pts; 2nd Place-9pts; 3rd Place-6pts;
Participation-3pts

Report Card Points – Turn in your report cards
all year long for a chance to win a seven foot
trophy at the Chinese New Year Banquet!

All A's-12pts; A's & B's- 9pts; All B's-6pts;
Turn in your report card – 3pts



Costume making class for March 14, 2015.

Date: 1/31/15 (Saturday)

Time: 2 - 4 pm.

**Place: Wang's Martial Arts
By Sifu Rafael Gonzales**

* For all student's family members & guests, please be silent during the class in progress. The instructors and students require all the concentrations to teach and to learn. Please do not distract the class by talking.

All young people learning from parents, teachers, adults and their surroundings. Please be good example to all our young generations to observe the rules. We are counting on them to build better and brighter future for us and for themselves.

Family Special

Kung Fu or Tai Chi

	1st member	2nd member	3rd member	4th member	5th member or more
Tuition/month	\$139.00	\$125.00	\$69.50	\$69.50	Free
Uniform	\$49.95	\$49.95	\$49.95	\$49.95	\$49.95
Registration fee	\$10.00	\$10.00	\$10.00	\$10.00	\$10.00

Effective: December 1, 2014

<u>KUNG-FU class schedule</u>			
Adults	(Age 15-108)	Tue. Sat. Mon./Tue./Thur./Fri. Mon./Wed. Tues./Thur.	11:00 - 12:00 Noon 7:00 - 8:00 PM 8:00 - 9:00 PM 4:00 - 5:00 PM
Children	(Age 5 - 14)	Tue./Thur. Mon./Tue./Wed./Thur./Fri. Tue./Thur. Saturday	5:00 - 6:00 PM 6:00 - 7:00 PM 7:00 - 8:00 PM 10:00 - 11:00 AM
Family class	(Age 5-108)	Tue./Thur. Tue./Thur. Mon./Fri. Mon./Tue./Wed./Thur./Fri. Saturday	5:00 - 6:00 PM 7:00 - 8:00 PM 5:00 - 6:00 PM (Parents in Tai Chi class) 6:00 - 7:00 PM 10:00 - 11:00 AM
<u>TAI CHI CHUAN</u>			
All ages		Tue. Sat. Mon./Wed./Fri. Wed. Tue./Thur.	12:00 Noon- 1:00 PM 5:00 - 6:00 PM 7:00 - 8:00 PM 8:00 - 9:00 PM

Wang's Martial Arts
92- B Wilson Road
Humble, TX 77338
(281) 682-3387, (281) 548-1638

www.WangsMartialArts.com



Kung Fu Rank Test Results - 12/13/14

Age 15 year old and +

- Christopher McCarty - Yellow
- Jason Nichols - Yellow
- Maggie Arce - Yellow/stripe
- Cleotis Washington - Orange/stripe
- Jennette Adams - Green
- Ruby Abbott - Purple/stripe
- Chantel Moody - Blue/stripe



Age 9 - 14 years old

- Allura Boutte - Yellow
- Jared Torres - Yellow/stripe
- Reagan Tunson - Orange
- Anne Gutierrez - Green
- Kendall People - Green
- Nathan Johnson - Green/stripe
- Francisco Zelaya - Purple/stripe
- Noe Zelaya - Purple/stripe
- Dezie Hellesten - Blue
- Joseph Hellesten - Blue
- Madeline Briles - Red/stripe



Age 5 - 8 years old

- Brandon Figueroa - Yellow/stripe
- Crus Flored - Yellow/stripe
- Hunter Figueroa - Yellow/stripe
- Emma Ferguson - Yellow/stripe
- Jonathan Ajucum - Yellow/stripe
- Kwaku Charles - Orange/stripe
- Dominic Venegas - Orange/stripe
- Jameson Ezzell - Orange/stripe
- Jack Robinson - Purple/stripe



Wang's Martial Arts - 13th Annual Lunar New Year & World Peace Martial Arts Chop Suey Con Festival

Presented by

Rotary Club of Humble, Victor Cheng Scholarship Fund,
Wang's Martial Arts, Wu Martial Arts Scholarship,

Rotary Day



March 14, 2015 (Saturday)
Humble Civic Center & Arena Expo.
8233 Will Clayton Parkway
Humble, TX 77338

MC by Mr. Victor Makris (Makris Law Firm, P.C.)

Supporting Sponsors:

American Society of Karate, Hebei Chinese Martial Arts Institute, Wu Martial Arts Association, USA Chen Tai Chi federation, Shaolin Kung Fu Academy, Jimmy Wong, George Hu, John S. Wang, Paul Chu, Raymond Montoya, Gary Jones, Willie Glass, Jack Santos, Russell Haws, Tye Botting, Abel Martinez, John Paulson, Esmerald Sanchez, David Barnes, Shawna Pietrangelo, Daniel Thibodeaux, Richard Strickland, Allen DeWoody, James Moricca, Marilyn Kidd, Willie Dotson, Danny Romine, Ed Green, Steve Alonso, David Neighbors, Susan Fischman, Marvin Henderson, Richard Dunsmore, Robert Kerr, Rafael Gonzales, Chuck Chretien, Darren Bush, Douglas Jasper, Padraic Gilbert, Nigel Singh, Sue Diaz, Jesse Diaz.

"Wang's Martial Arts 13th Lunar New Year & World Peace Martial Arts Festival" is sole property of Wang's Martial Arts and may not be printed or reproduced without permission.

Wang's Martial Arts 13th Lunar New Year World Peace Martial Arts Chop Suey Con Festival Schedule

Date: March 14, 2015 (Saturday)

Place: Humble Civic Center & Arena Expo.

Spectator Ticket: \$10 - (age 15 years old plus), \$5 - (age 5 to 14 years old), Free for 4 years old under.

9:00 am - 5 pm, World Peace Martial Arts Chop Suey Con Festival:

Martial Arts group demonstration .

Ninja Turtle, Power Ranger, Kung Fu Panda Costumes.

Epic Battle - Spartans vs. Mongols.

Arsene Dupin, Magikhana.

Lion Dance performance.

Women self defense class.

Costume competition (individual or group).

Traditional Dance performance.

Oriental Fashion Show competition . (individual or group).

Christian Bands & Choirs.

Motown music.

ETA Michael Silver, Elvis Tribute Artist.

Chinese Pirate Sing Along.

Kicking contest.

Games and activities -

Bow and arrow, throwing star, blow darts, Moon walks,

Board Breaking, more.

Culture events - calligraphy, Brush painting, Traditional arts etc.

More details will follow.



6:00 pm - 1. Reception & Dinner (Dinner ticket - see next page.)

7:00 pm - 2. **Evening program begin** - Guitar by Victor Makris and Russell Martino
MC by Mr. Victor Makris (Makris Law Firm, P.C.)

3. Lion Dance by Lee's Golden Dragon.

Singing of National Anthem US (by 2014 Miss Houston Isis Small).

4. Welcome to the 13th Annual Chinese New Year and Award Banquet (MC: Victor Makris)

A Memorial Tribute to the Life and Achievements of

Grandmaster Victor Cheng & others (Luis Garza, Nancy Green, David

Manning, Ken Hogan, Paul St. Amand, Rand Warzeka, Steve Alonso,

Mr. Barnes, All unknown Animals (Narrated by Mr. Steve Christopherson).

5. Fashion Show, Pass out red envelopes

Guest Speaker - Grandmaster Bill "Superfoot" Wallace

6. Tournament Points

7. Report Card Points

(5 minutes intermission).

8. Entertainment Program - Traditional Dance by OAEC (10 minutes).

9. Martial Arts group demonstration - American Society of Karate (5 minutes).

- Wang's Martial Arts (5 minutes).

10. Singing by "Four Rose Sisters" (Chantel Moody, Liliana Campa, Valerie Campa, Melanie Campa).

11. World Peace Martial Arts - Hall of Fame.

Introduce 2014 HOF, Induct HOF for 2015 (MC by Mr. Steve Christopherson).

12. Prize Drawing (must present to win).

Conclude.

*** Tentative schedule, subject to change. See program book on the day of event.**

Wang's Martial Arts

13th Annual Lunar New Year & World Peace Martial Arts Festival Dinner

Date: March 14, 2015 (Saturday)

Festival ticket: 10 am - 5 pm, Admission \$10 (age 15 years old & plus), \$5 (5 to 14 years old), Free (4 years old & under)

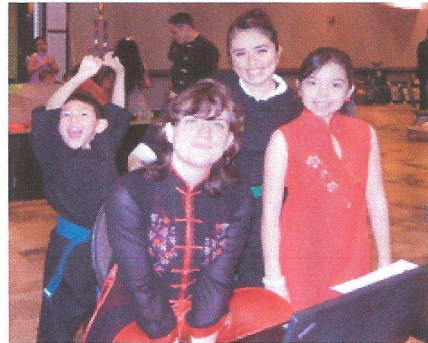
Dinner

Time: 6:00 pm - 7:00 pm (Reception & Dinner)
7:00 pm (New Year program begin)

Place: Humble Civic Center
8233 Will Clayton Pkwy
Humble, TX 77338

Cost:

Age	Section I	Section II	Section III
4 years old under	\$20.00	\$15.00	\$10.00
5 - 14 years old	\$40.00	\$35.00	\$25.00
15 years old plus	\$55.00	\$45.00	\$35.00
A Table	\$500 (10 people)	\$350 (8 people)	\$250 (8 people)



For more information:

Wang's Martial Arts
92-B Wilson Road
Humble, TX 77338 (281) 682-3387, (281) 548-1638

Registration Form for Lunar New Year dinner event

Name: _____ Date: _____
Address: _____ City: _____ Zip: _____
Home Phone: _____ Other phone: _____ Age: _____
e-mail: _____

\$50 deposit will reserve a table. Balance due on or before 12/31/14.
Your name will be entered for i-pad drawing.

Act fast to get best spot.



Stage Area
Section I
Section II
Section III

Wang's Martial Arts 13th Lunar New Year 2015 World Peace Martial Arts Chop Suey Con Festival Schedule - March 14, 2015 (Saturday) 9 am to 5 pm									
Spectator Ticker: \$10 - (age 15 years old plus), \$5 - (age 5 to 14 years old), Free for 4 years old under.									
Time:	Main Ball Room	Specialty Room	Meeting Room	Grass Area for M.A. Class	Arena	Expo Area			
Seating capacity	1500 seats	200 seats	80 people to work out (Free sample class)	24 schools	4000 seats	Vendors			
9:00 am - 9:10 am	Wang's Martial Arts - Kung Fu	Talent show competition	Young warrior demonstration	One:	Christian Band	Rotary Club of Humble			
9:15 am - 9:25 am	Nunchaku demo.	Age 7 - 11 years old		Two:	EW's Tribute Music - Michael Silver	Wags to Whisker of TX			
9:30 am - 9:40 am	Church Choir	9 am - 10:15 am		Three: - Texas M.A. Day	Church Choir	VAP			
9:50 am - 9:55 am	Arsene		Nunchaku class	Four:	Christian Band	Adam's Apple			
10:00 am - 10:10 am			10 am - 10:30 am	Five:	Christian Band	Hebel Insurance Agency			
10:15 am - 10:25 am			Age 12 - 17 years old	Six:	Christian Band	Hebel Chinese Martial Art			
10:30 am - 10:40 am	Chinese Fashion show		Panel - Sifu Gonzales	One:	Epic Battle - Spartans vs Mongols	Bling It With Style			
10:45 am - 10:55 am			10:30 am - 11 am (Armer)	Two:	Christian Band	Sword to sword			
11:00 am - 11:10 am	Wang's Martial Arts - Tai Chi (part 1, sabre, Fan)		Women's self defense	Three:	Christian Band	Donnie Lee K.F. Tigers			
11:15 am - 11:25 am	Church Choir		11 am 11:30 am	Four:	Christian Band	EW's Tribute Music			
11:30 am - 11:40 am			Talent show competition	Five:	Christian Band	Paul's Glass Arts			
11:45 am - 11:55 am	Sword to Sword - German swordsmanship.	Age 18 year old & plus	Sword to Sword class	Six:	Christian Band	ABSH			
12 noon - 12:10 pm	Hebel Chinese martial Arts Institute (Kung Fu)	11:45 - 1 pm	12 noon - 12:30 pm	One:	EW's Tribute Music - Michael Silver	Tracy Lee Realy			
12:15 pm - 12:25 pm	Ball room dance		Master Jia Kung Fu class	Two:	Church Choir	Paul's Glass Arts			
12:30 pm - 12:40 pm	Bill "Superfoot" Wallace (Kick Boxing)		12:30 - 1 pm	Three:	EW's Tribute Music - Michael Silver	Purpleheart Armoury			
12:45 pm - 12:55 pm	Chinese Kung Fu Academy		Chinese Kung Fu Academy	Four:	Church Choir	Thirty-One Baskins			
1:00 pm - 1:10 pm	Arnis (Escrima Sticks)		1 pm - 1:30 pm	Five:	Epic Battle - Spartans vs Mongols	Juice Plus			
1:15 pm - 1:25 pm	Church Choir		Arnis class	Six:	Christian Band	Wang's Martial Arts			
1:30 pm - 1:40 pm	1:15 pm - 1:40 pm		1:30 pm - 2 pm	One:	Motown Music - by Level One Band	Chinese Kung Fu Academy			
1:45 pm - 1:55 pm	Sword to Sword - German swordsmanship.	\$39 on the day of festival	Sword to Sword class	Two:	Motown Music - by Level One Band				
2:00 pm - 2:10 pm	Arsene		2 pm - 2:30 pm	Three:	EW's Tribute Music - Michael Silver				
2:15 pm - 2:25 pm			Women's self defense	Four:	Motown Music - by Level One Band				
2:30 pm - 2:40 pm			2:45 pm - 3:15 pm	Five:	Motown Music - by Level One Band				
2:45 pm - 2:55 pm	Chinese Fashion show		3:15 pm - 3:45 pm	Six:	Christian Band				
3:00 pm - 3:10 pm	Hebel Chinese martial Arts Institute (Kung Fu)	Ball room dance class	3:30 pm - 4 pm	One:	EW's Tribute Music - Michael Silver				
3:15 pm - 3:25 pm	Donnie Lee K. F. Tiger (Weapon & Self Defense)		Master Jia Kung Fu class	Two:	Motown Music - by Level One Band				
3:30 pm - 3:40 pm	OAEC - Chinese Traditional dance		3:30 pm - 4 pm	Three:	Christian Band				
3:45 pm - 3:55 pm	Talent Show - Finals	Chinese brush painting	Panel - Sifu Gonzales	Four:	Christian Band				
4:00 pm - 4:10 pm		Demonstration & class	4:15 pm - 4:45 pm (Armer)	Five:	Christian Band				
4:15 pm - 4:25 pm	OAEC - Chinese Traditional dance			Six:	Christian Band				
4:30 pm - 4:40 pm	Wang's Martial Arts - Black Belt group				Christian Band				
4:45 pm - 4:55 pm					Christian Band				
5:00 pm - conclude the demonstration program					Christian Band				
6:00 pm - 9:00 pm, Dinner event.									
A Memorial Tribute to the Life and Achievements of Grandmaster Victor Cheng & others.									
Lion Dance, Fashion Show, Guest Speaker - Grandmaster Bill "Superfoot" Wallace, Martial Arts Demo,									
Traditional Chinese Dance, Singing Chinese song by "Four Rose Sisters", World Peace Martial Arts - HOF									
Free admission to the festival event for all people who come to participate the Martial Arts class									
7 pm - Major Christian Band									
Epic Battle - Spartans vs Mongols									
Question of the Century - who will win the battle?									
Please vote & come to find out on March 14, 2015.									
Mr. Arsene - This French performer's accolades are too numerous to list in full. He has performed for President & Mrs. George H. Bush, taught juggling to the Cirque du Soleil, won 1st place at "Le Cirque de Demain", and appeared at such diverse locations as Disney World, Las Vegas, and Hawaii. Arsene has been performing worldwide since 1978, both live and on TV. You have never seen an act quite like this one. Arsene, il est magnifique.									
* Tentative schedule, subject to change. See schedule on the day of event.									

Wang's Martial Arts New Year Workshop

Date: March 15, 2015 (Sunday)

Place: 92 Wilson Road Suite B Humble, TX 77338

(281) 548-1638, (281) 682-3387

<u>Time</u>	<u>Event</u>	<u>Normal Fee</u>	<u>Banquet attendee</u>	<u>The Person who organized banquet table by 2/15/15</u>
9 am - 11 am	Black Belt class Kung Fu, Tai Chi Black Belt only			
11 am - 12 noon	Lunch break			
12 noon - 1 pm	Escrima stick class Instructor by Tye Botting (Limited to 60 people)	\$20.00	\$10.00	Free
1 pm - 2 pm	Take down & ground self defense Instructor by Rafael Gonzales (Limited to 60 people)	\$20.00	\$10.00	Free

Space is limited. First come, first serve.

Registration Form

Name: _____ Date: _____

Address: _____

City: _____ State _____ Zip: _____

Home phone: _____, Cell phone: _____, Work phone: _____

e-mail: _____

(9 am - 11 am),
Black Belt class,

(12 noon - 1 pm),
Take down ,

(1 pm - 2 pm),
Escrima stick,

Total amount paid: \$ _____

Mission Statement:

Martial Arts training for health, fitness, self defense, discipline, concentration, focus, respect, character and building proper attitude.

Showcase Traditional cultural ideas to promote harmony and peace among people worldwide.

To increase vegetarianism in order to reduce cruelty to animals, improve human health, protect the environment and preserve world food resources by encouraging plant-based choices through education, information.

For the benefit of everyone's health, eat vegetables, fruits, grains and be kind to all animals. World Peace is possible and can be achieved.



Top Ten Reasons to Buy American Made

"Buy American!" might sound like nothing more than a slogan advanced by American manufacturers to sell products made in the USA, but the truth is that there are many reasons to consider buying American-made clothing, American-made toys, and other US-manufactured goods. We've listed just a few of the benefits of buying American below:

Top Ten Reasons to Buy USA Made Products:

- 10) Foreign labor standards allow unsafe worker conditions in many countries. When you buy American you support not only American manufacturers but also American workers, safe working conditions, and child labor laws.
- 9) Jobs shipped abroad almost never return. When you buy goods made in the USA, you help keep the American economy growing.
- 8) US manufacturing processes are much cleaner for the environment than many other countries; many brands sold here are produced in countries using dangerous, heavily polluting processes. When you purchase American-made product, you know that you're helping to keep the world a little cleaner for your children.
- 7) Many countries have no minimum wage restrictions, or the minimum wage is outrageously low. When you choose products made in the USA, you contribute to the payment of an honest day's wages for an honest day's work.
- 6) The growing lack of USA ability to manufacture many products is strategically unsound. When you seek out American-made goods, you foster American independence.
- 5) The huge US trade deficit leads to massive, unsustainable borrowing from other countries. Debt isn't good for you and it isn't good for America.
- 4) Foreign product safety standards are low. For example, poisonous levels of lead are in tens of millions of toys shipped to the USA. When you buy toys and other goods made in the USA, you can be confident that American consumer protection laws and safety standards are in place to protect your family.
- 3) Lack of minimum wage, worker safety, or environmental pollution controls in many countries undermines the concept of "fair and free trade". No Western nation can ultimately compete on price with a country willing to massively exploit and pollute its own people. When you buy only American-made products, you insist on a higher standard.
- 2) Factories and money are shifting to countries not friendly to the USA or democracy. When you avoid imported goods in favor of American-made items, you help ensure that the United States doesn't find its access to vital goods impacted by political conflict.
- 1) As the US manufacturing ability fades, future generations of US citizens will be unable to find relevant jobs. Buy American and help keep your friends and neighbors-and even yourself-earning a living wage.

Join Made in USA Forever.com in standing up for America.

By Todd Lipscomb, founder of MadeinUSAForever.com and author of the book "Re-Made in the USA"

Also, please see our Facebook page here: <https://www.facebook.com/MadeInUSAForever>

To celebrate

Valentine's Day.

Buy American Made.





No Place Like A Clean Home
Professional Home Detailing Service

Ashley Parker

Humble/Crosby/Daton
Kingwood/Atascocita
Spring/Woodlands/Conroe

Call today!
254-913-7298

NoPlaceLikeACleanHome@gmail.com

Humble Camera Center

114 E. MAIN HUMBLE, TX 77338

SALES
SERVICE
CUSTOM FRAMING
DIGITAL PRINTING
Mon-Fri 9-6
Sat 9-4

281-540-4101
Fax 281-540-4103



cameracenter@comcast.net
www.humblecamera.com

EMILE STREET COMMUNITY FARM

Natural, fresh produce from a
2 1/2 acre farm located in
Houston's inner city.

9 am ~ 2 pm Monday to Friday
10 am ~ 4 pm Saturday & Sunday
711 N. Emile St., 77020 (map on back)

For more information:

713-931-6100

www.LastOrganicOutpost.com



Avon

Monica Piel
Sales Associate
Monicapiel23@gmail.com

P.O. Box 3244
Humble Tx 77347

832-445-8715

yourAvon.com/monicapiel



*empowering work at home mamas
one website at a time*

www.bizzymamahosting.com

facebook: /bizzymamahosting

twitter: @bizzymamas

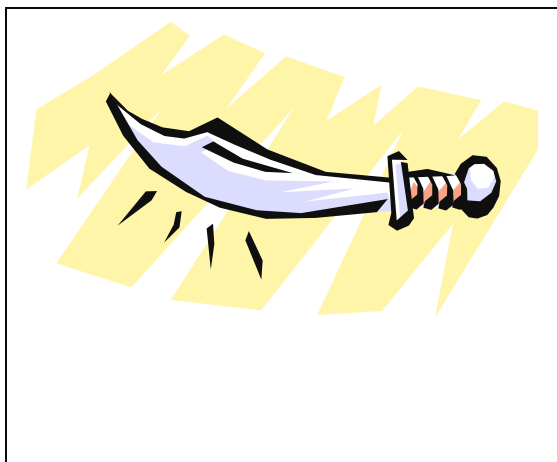


Wang's Martial Arts

92 – B Wilson Rd.
Humble, TX. 77338
U.S.A.

Phone (281) 548-1638
(281) 682-3387
e-mail wang3888@embarqmail.com
Web site www.WangsMartialArts.com

Advance Sabre



Date: April 03, 2014 (Friday)
April 10, 2014 (Friday)
April 17, 2014 (Friday)
April 24, 2014 (Friday)

Time : 8:00 - 9:00 PM

Place : Wang's Martial Arts
92 – B Wilson Road
Humble TX, 77338
(281) 548-1638
(281) 682-3387

Pre-requisite: Took Basic sabre before.
Adults (15 years old and up) –
Red belt and up.

Jr. students (5–14 years old)- Brown belt and above.

Fee : \$69.00
\$34.50 for review class

REGISTRATION FORM

NAME: _____ DATE: _____

STREET: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE (HOME): _____ PHONE (WORK): _____

Phone (cell): _____

e-mail: _____

Amount Paid _____ .

Phone (281) 548-1638, (281) 682-3387
E-mail wang3888@embarqmail.com
Web site [http://www. WangsMartialArts.com](http://www.WangsMartialArts.com)



Nunchaku Class

Date: April 20, 2015 (Monday)

Time : 8:00 - 9:00 PM

Place : Wang's Martial Arts
92 – B Wilson Road
Humble TX, 77338
(281) 548-1638
(281) 682-3387

Fee : \$19.00
Free for Brown, Black, Jr. Black
& Accelerated program.

Age 15 to 80 year old - Yellow belt above.

Age 9 - 14 years old - Yellow belt above

Age 5 - 8 years old - Green belt above

Need bring your own nunchaku or purchase a foam
nunchaku for \$7.95 - \$14.00

REGISTRATION FORM

NAME: _____ DATE: _____

STREET: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE (HOME): _____ PHONE (WORK): _____

Phone (Cell): _____

e-mail: _____

Amount paid _____ .

Phone (281) 548-1638, (281) 682-3387
e-mail: wang3888@embarqmail.com
Web site: www.WangsMartialArts.com

INNER SCHOOL TOURNAMENT

Date: 1-24-2015 (Saturday)
Time: Ages 5 - 80 2:00 PM – 5:00 PM
Place: Wang's Martial Arts
92 – B Wilson Road at First St.
Humble, TX 77338
(281) 548 - 1638
Entry Fee: \$45.00 up to two events
\$5.00 additional event
\$5.00 goes to scholarship fund



Listed below are the divisions; in each, a first, second, and third place trophies will be awarded.
Encouragement awards are given for everyone who does not place.

***** **FORMS*******

Ages 5-8 Beg./ Int./ Adv.
Ages 9-14 Beg./ Int./ Adv.
Ages 15-17 Beg./ Int./ Adv.
Ages 18-80 Beg./ Int./ Brown/ Black.
TAI CHI Beg./ Int./ Adv.

***** **WEAPONS*******

Ages 5-14 Beg./ Int./ Adv.
Ages 15-17 Beg./ Int./ Adv.
Ages 18-80 Beg./ Int./ Adv.

***** **SPARRING*******

Ages 5-8 Beg./ Int./ Adv. (Boys & Girls)
Ages 9-14 Beg./ Int./ Adv. (Boys)
Ages 9-14 Beg./ Int./ Adv. (Girls)
Ages 15-17 Beg./ Int./ Adv. (Boys)
Ages 15-17 Beg./ Int./ Adv. (Girls)
Adult Men Beg./ Int./ Brown & Black.
Adult Women Beg./ Int./ Brown & Black

Registration form for INNER-SCHOOL TOURNAMENT

NAME: _____ DATE: _____

ADDRESS: _____

CITY: _____, STATE: _____ ZIP: _____

HOME PHONE: _____ WORK PHONE: _____

CELL PHONE: _____ e-mail address: _____

RANK: _____ AGE: _____ DATE OF BIRTH: _____

DIVISIONS: FORMS _____ SPARRING _____ WEAPONS _____ Amount Paid _____

Inner-school tournament result - 11/8/14

Kung Fu FORM

Ages 5-8 Int. - 1st. Aiden Trayal
Ages 9-14 Adv. - 1st. Kevin Papa, 2nd. Dezie Hellsten, 3rd. Daniel Rosendo.
Ages 15-80 Adv. - 1st. Dennis Cruiz , 2nd. Chantel Moody,

Kung Fu/Tai Chi WEAPON

Ages 5 - 14 Int. - 1st. Kevin Papa, 2nd. Dezie Hellsten, 3rd. Madeline Briles
Ages 15-80 Adv. - 1st. Dennis Cruz , 2nd. Polly Ferguson, 3rd. Paul Turk.

Tai Chi FORM - Adv. 1st. Polly Ferguson, 2nd. Paul Turk.

SPARRING

Ages 5-8 Int. - 1st.. Madeline Briles 2nd.. Aiden Trayal.
Ages 9-14 Adv. - 1st. Kevin Papa , 2nd. Daniel Rosendo, 3rd. Dezie Hellsten .
Ages 15-80 Adv. - 1st. Dennis Cruz, 2nd. Chantel Moody.





Published: April 1, 2014 Updated: 07:58 April 1, 2014

Help Kids Appreciate Nature

A Nature Table brings the outside world indoors.

By: Natural Vitality

Creating an appreciation for nature in our children is one way to promote future generations of environmentally friendly adults. It also helps our kids learn to enjoy the simple beauty and pleasure found in the natural world. While younger children may not be so keen on reflection, they do love to collect things. For an engaging activity that promotes a love of the outdoors for two- to eight-year-olds, consider a Nature Table. It works like this:

You will need a small, low table to place in a common area of the house, such as the living or dining room. This is your Nature Table. When you are out and about with the children, allow them to collect one or several items to bring back and place on the Nature Table. The only rule is that the objects must be natural. Kids will love finding these treasures, like rocks, leaves, sticks and so on. Allow them to play with the items on the table and rearrange them as they wish.

Here are some tips to have fun with your Nature Table:

- Create different themes for the table, such as the seasons or rocks, leaves or sticks.
- Go on a weekly Nature Table walk to find treasures.
- Cover the table with different colors of fabric for a change or to mark a change of season.
- Change the Nature Table on specific days, such as winter and summer solstice or the first day of a season, to connect your child to seasonal changes in nature.
- Place a magnifying glass on the table to inspect items close up.

REGIO BUS CHARTERS

www.regiobuscharters.com
regiobus@aol.com

Charter our Deluxe Motor Coaches Locally, Nationwide or to Mexico



Hugo Campa
General Manager
cell: 713.283.4473

5621 Harrisburg Blvd.
Houston, Tx 77011.
Off: 713.926.7635
Fax: 713.923.3999

Our Busses are Equipped with:

- * Reclining Seats
- * Seatbelts
- * Window Curtains / Blinds
- * Escort Seats
- * 3 to 6 TV Monitors
- * DVD / CD Player
- * PA System
- * Reading Lights

We are Insured in the U.S. and Mexico
US DOT 1250587



Wang's Martial Arts

92 – B Wilson Rd.
Humble, TX. 77338
U.S.A.

Phone (281) 548-1638
(281) 682-3387
e-mail wang3888@embarqmail.com
Web site www.WangsMartialArts.com

Baisc Bo



Date: January 09, 2015 (Friday)
January 16, 2015 (Friday)
January 23, 2015 (Friday)
January 30, 2015 (Friday)

Time : 8:00 - 9:00 PM

Place : Wang's Martial Arts
92 – B Wilson Road
Humble TX, 77338
(281) 548-1638
(281) 682-3387

Pre-requisite: Adults (15 years old and up) –
Yellow belt and up.

Jr. students (5–14 years old)- green belt and above.
(Minimum 6 people register.)

Fee : \$49.00
\$24.50 for review class

REGISTRATION FORM

NAME: _____ DATE: _____

STREET: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE (HOME): _____ PHONE (WORK): _____

Phone (cell): _____

e-mail: _____

Amount Paid _____ .

For the benefit of everyone's health, eat vegetables, fruits, grains and be kind to all animals.



WORLD STAR CHINESE MARTIAL ARTS COMPETITION



世界之星中華武術錦標賽

Dear Friends,

The World Star Chinese Martial Arts Competition hosted by Wu Martial Arts Association (WMAA) will be held at Marriott Westchase Hotel in Houston, Texas and scheduled for March 20th - 22nd, 2015. In this event WMAA will host workshops, seminars and friendly competition. The event will set a common ground for all Chinese martial arts lovers to exchange techniques and help the younger generation to understand the true meaning of Chinese martial arts.

WMAA cooperates with all Chinese Martial Art communities. Together, we promote Chinese Martial Arts through competitions in Houston and throughout the world.

We are looking forward to see you at the 2015 tournament in Houston, Texas.

Sincerely,
Ernie Wu



GRAND CHAMPION CUPS

being awarded in
all Advanced Categories:
Traditional Kung Fu, Wushu,
Taiji & Other Internal.

★ Honor medals will be awarded to
all kids 12 and under who place after 3rd.

Time: March 20 - 22, 2015

**Place: Westchase Marriott
Houston, TX**

Saturday night 7 pm
**Chinese Martial Arts
Exhibition**

Free admission w/ ticket

**More than
400 Divisions**
Tradition Kung Fu,
Wushu, Taichi,
Xing Yi, Bagua,
Wing Chun, Sparring,
Push Hands,
Chi Sao
and much more...

EVENT SCHEDULE

FRIDAY, MARCH 20, 2015

6 - 8 pm On-site Registration

SATURDAY, MARCH 21

8 - 9:30 am On-site Registration

8:30 am Official's meeting

9:30 am Open Ceremony

6:00 pm Competition Ends

7:00 pm Martial Arts Exhibition

SUNDAY, MARCH 22

8:00 AM Seminars

2900 Briarpark Dr. Houston Texas 77042



We have secured the special rate of **\$109.⁰⁰**/night for Single or Double
Occupancy and we recommend that all out of town guests stay here for
both convenience and value.

To make reservations by phone please call **800-452-5110**
and mention "Kung Fu competition"

Fee: Registration

\$65 (includes 1st event)

must be received by 3/7/15

\$20 Late Fee if received after 3/7/15

\$20 per additional event after the 1st

\$20 compete for Grand Champion

(Level IV only**)

\$80 per Group event

Spectator:

Adult \$20, Kids (12 & under) \$10

FREE CMA Exhibition/Saturday 7 PM

Registration and more details, please check: **www.kungfuppetition.com**

Contact Information: Ernie Wu / Wu Martial Arts Association

(713) 780-4007 • E-mail: wumartialartsassociation@gmail.com

The City of Humble presents:

The 35th Annual Good Oil Days Festival

on

March 28, 2015

The Good Oil Days Festival is just around the corner and we are hoping you will consider donating to this very worthy cause! All proceeds benefit the Humble Senior Activity Center and area seniors. Your generous donations allow our local seniors to participate in the following programs:

- free plant giveaways
- computer lessons
- free vegetables
- spanish lessons
- free income tax preparation
- exercise programs
- AND MUCH, MUCH MORE!
- TV room
- library center
- quilting classes
- dance lessons
- gardening
- multiple offsite field trips

Remember that all donations are tax deductible. For further information on sponsorship, please call Pat at the Humble Civic Center 281-446-4140 or go to www.goodoildays.com.

Festival date is March 28, 2015 and the hours are from 10a.m. to 5p.m. giving everyone plenty of time to shop the numerous booths full of arts & crafts, collectibles & all kinds of goodies!! There will be good food and live entertainment from many great local talents!

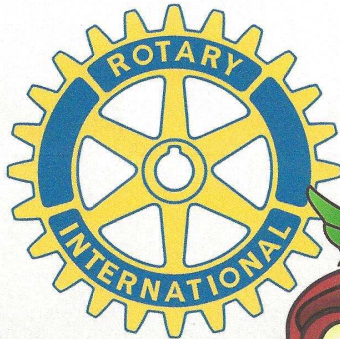
We look forward to seeing you there!!

ANNOUNCING THE 49TH ANNUAL

HUMBLE ROTARY FESTIVAL

FISH FRY & CAR SHOW

**SATURDAY
MAY
2,
2015
11AM - 3PM**



**HUMBLE
CIVIC
CENTER
OUTDOOR
ARENA**

EAT FISH • CHANGE LIVES

FUND RAISING EVENT  FOR THE ENTIRE FAMILY

FOOD • FAMILY • FUN

**\$100 Raffle featuring a Grand Prize Choice of a
2015 Chevrolet Colorado LT or
a 2015 Nissan Rogue SV From Robbins Chevrolet-Nissan**

**Car Show • Silent Auction • Door Prizes • Bid Board
Live Band • Kid Activities**

For Tickets or Information go to www.humbleintercontinentalrotary.com

Oran Bain: oobain@gmail.com or 832-319-9367

Ernest Hauser: beveh@aol.com or 713-828-2271

Tom Gibbins: gibb4543@gmail.com or 281-852-9421

8 Excellent Immune System Boosters for Kids - In partnership with Natural Vitality (article from Taste for Life)

Fall brings a host of changes—kids head back to school, the leaves turn and the weather cools down. This transitional time can leave children more susceptible to illness. We consulted with natural health experts for some easy ways that parents can support their kids' immune systems and hopefully avoid pesky colds and other illnesses. Here's the lowdown:

Avoid getting cold. Lauren Feder, MD, author of *Natural Baby and Childcare* (Hatherleigh, 2006), advises to avoid swimming during changing fall weather and to add an extra layer of light clothing to ensure children stay warm during abrupt weather changes. She also says a hot water bottle in bed at night is a great way to warm up quickly.

Offer high-vitamin foods. Foods rich in vitamin C, such as grapefruit, lemons, limes, bell peppers, broccoli and goji berries, are effective in helping to boost immunity, says licensed acupuncturist and nationally certified herbalist Lexi Hagenson. "So in terms of meals and snacks, I would encourage parents to offer their children foods like veggie pizza, trail mix and yogurt parfaits."

Adequate sleep. With the excitement and stress of returning to school, experts agree that not just adequate, but even some extra, sleep can go a long way in boosting immunity, and mood. Feder cautions to ensure adequate sleep during the busy holiday season as well, when we are susceptible to illness such as the flu.

Minimize sugar. Sugar can depress the immune system, says Hagenson. "Avoid giving children packaged sugary foods and drinks as much as possible," she says. Offer vitamin-rich fruits as treats instead.

Eat moisturizing foods. Our bodies can have a difficult time adapting to weather changes, such as dryness, that accompany a new season, making us more susceptible to illness, according to Hagenson. She suggests serving kids nuts, seeds, pears, honey and organic yogurt, which she says are all great at moistening the body internally to protect it against the dry fall environment.

Go for gut health. Probiotics are also an excellent way to boost the immune system by increasing healthy gut bacteria, which can then properly fight off bad bacteria and germs. "Kefir smoothies are a nice way to give your child probiotics," Hagenson suggests. "Just blend plain kefir with a mix of fresh or frozen fruit and a touch of honey or maple syrup as necessary."

Keep the ears clean. The ears may also be an entry point for illness-causing bacteria, so keeping them clean may prevent illness especially in preschool-age kids, according to Dr. Feder. "At bath time simply put a few drops of hydrogen peroxide in each ear. The solution will bubble and there may be a little stinging. Within a couple minutes, the liquid will drain out."

Essential oils. When added to a bath, a couple of drops of eucalyptus or cinnamon essential oil really help to open the sinuses, Hagenson says. Lavender or chamomile can be calming. Try and keep the bathroom as steamy as possible when using the oils.



Introducing the Next Super Green - In partnership with Natural Vitality (article from Taste for Life)



Unless you garden and grow broccoli yourself, you may not know that this popular vegetable grows amid plentiful leaves. Yup, the stuff you see in markets is just the florets, or crown, of the broccoli plant. So what happens to the leaves? Depending on the farmer, they get tossed or composted—but eaten, not so often. One company though is working to change that, and BroccoLeaf is turning the maligned broccoli leaf into a culinary superstar.

It all began when the produce company Foxy was doing a juicing demo and an employee brought in some broccoli leaves. The team tested the leaves and the result was delicious—and nutritious. They decided to bring the leaves to market under the name BroccoLeaf. The dark green leaves of the broccoli plant have all the major health benefits of broccoli; a serving delivers an adult dose of vitamin C and it's packed with folate and calcium.

Celebrity registered dietitian Ashley Koff is very excited about Foxy bringing its BroccoLeaf product to market. “OK, so I am a broccoli addict—just the florets until now—so I may be biased. But I love the taste of the leaves. I love that it's organic and non-GMO, and I loved learning that farmers rely on the leaves to detox [cleanse and nourish] the soil after growing lettuces. What it does in nature it does within us. I love that it is super versatile too,” she says.

Koff suggests using the leaves in juice, smoothies, sautéing them and adding them to eggs, pasta sauce or as a burger topping. “A serving contains a day's dose of vitamin C, plant compounds called glucosinolates that aid in detoxification and cancer prevention, and a nice dose of calcium as well.”

BroccoLeaf is hitting stores this month, so get your forks ready.

Frequently Asked Questions About Christianity and Animals -

<http://www.jesuspeopleforanimals.com>

* **Didn't Jesus eat meat?**

The animal agriculture industry today is rife with abuse. Factory farmers mutilate animals without using any painkillers, keep them in cages so small that they can't spread their limbs, and slit their throats and allow them to bleed to death. In other words, it's nothing like raising and killing animals for food in first-century Palestine. Jesus would be horrified by today's factory-farming practices. A vegan diet is consistent with Jesus' teachings, particularly his love for those whom society has rejected, marginalized, and oppressed. The billions of needless deaths that we cause in order to satisfy our craving for flesh must be very sad for a God whose very nature is to love.

* **Do you really think eating meat is a sin?**

Animals on factory farms are painfully castrated and have their beaks or teeth chopped off, their horns carved out of their skulls, brands burned into their skin, and more—all without any painkillers. At the slaughterhouse, animals are strung up by one leg and their throats are cut, often while they're still conscious. Animals are routinely skinned or dismembered while they're still alive. The mammoth meat, dairy, and egg industries are built on cruelty, oppression, and abuse—they are sinful structures, and Christians should reject them.

* **Why should Christians "go Vegan"?**

There are a couple of ways to think about being vegan. Some people eat only vegan food, which is a great first step. Vegan food is consistent with Jesus' teachings of compassion and mercy. He would be appalled by the abuse of animals on filthy factory farms and in slaughterhouses. Other Christians (like me) abstain from using all animal products, since the reality is that you can't get milk, eggs, or leather without causing harm to animals. And I only buy cruelty-free products (those not tested on animals) for the same reason.

* **What about "free-range" or "human" meat, dairy products, and eggs?**

There is absolutely no such thing as "humane" meat. Investigations have revealed horrific conditions on farms and in slaughterhouses, including at religious facilities, that are so-called "humane." However, many people find that going vegan is a process that starts with eliminating the worst of the worst products and moving forward from there. Eliminating factory-farmed animal products and having as many meat-free meals as possible would be a wonderful step in the right direction.

* **Doesn't the Bible say we have dominion over animals?**

The dominion with which God privileged humans in Genesis is nothing like what we practice now. Dominion means stewardship, not dominance. Christianity emphasizes mercy and respect for life and opposes cruelty. There is nothing merciful about factory farms—baby chicks have part of their beaks chopped off, piglets have their tails cut off, and fish are slowly suffocated to death. Animals are often skinned or dismembered while they're still alive. Christians everywhere can reject this cruelty by adopting a healthy vegan diet.

* Doesn't God require animal sacrifices?

Hebrews 8-9 tells us that Jesus is the mediator of a better covenant, one in which his own blood replaces that of goats and calves.

*** Jesus told peter to kill and eat animals. How can you say Jesus would want me to be vegan?**

If Peter's vision in Acts 10 is read in its complete context, it's easy to see that the vision isn't about carte-blanche permission to eat at a dead-animal buffet but a call for radical inclusion. Where Jews and Gentiles had formerly been separated by laws and culture, now both were given the opportunity for new life in Christ. In other words, Peter's vision is a metaphor.



勇 仁 智 德

bravery

kindness

wisdom

integrity

HUMBLE ROTARY FESTIVAL

FISH FRY & CAR SHOW

**EAT
FISH**



**CHANGE
LIVES**



**Saturday, May 2, 2015 • 11am to 3pm
(Car registration 9am to 11am)**

HUMBLE CIVIC CENTER ARENA
8233 WILL CLAYTON PKWY • HUMBLE, TEXAS 77338

Entry Fee: \$30 (Includes Fish Fry meal for one, Extra meal ticket only \$12)

CLASS AWARDS AND BEST OF SHOW AWARDS!

Fried catfish, coleslaw, water, tea, or coffee. Dessert, beer, and sodas are available for sale. Live band, silent auction, door prizes, and more!

**\$100 Raffle featuring a Grand Prize Choice of a 2015 Chevrolet Colorado LT
or a 2015 Nissan Rogue SV From Robbins Chevrolet-Nissan**

BRING THE FAMILY & FRIENDS

For additional information call: Tom Gibbins, 281-435-6879

BILL "SUPER FOOT" WALLACE SEMINAR

Date: March 14, 2015 (Saturday)

Time: 1:00 pm - 2:30 pm

Fee: \$29 pre-register by 3/13/15.
\$39 on the day of event.

PLACE: Humble Civic Center - Specialty Room
8233 Will Clayton Parkway
Humble, Texas 77338
281-548-1638, 281-682-3387



Bill "Superfoot" Wallace -American Karate Champion, instructor, author, actor, and referee. World professional middleweight champion since 1974 for the PKA, Wallace won many point tournament competitions prior to entering the professional ring, including the U.S. Championships and USKA Grand Nationals three times each, and the top 10 Nationals twice. He was rated top fighter in the country three times by Black Belt magazine. A superstar of full contact fighting, he is also a noted official and served as chief referee at the 1975 U.S. Championships.

Wallace started in Judo. He took up Karate in 1966 while serving in the U.S. Air Force. His first instructor was Michael Gneck, a Shorin-Ryu stylist who taught Wallace in San Bernadino, California. Wallace trained religiously seven days a week on a four-to-midnight schedule and won his black belt in one year. He returned to his home state of Indiana in 1968 where he began working out with Glenn Keeney in Anderson. While he never adopted any of Keeney's Shorei-Goju style, Wallace credits much of his sparring ability to those early workouts. While studying physical education at Ball State University, he entered and won his first tournament as a black belt at the Mid-East Nationals in Lexington, Kentucky in January 1968. After losing his next three consecutive tournaments, he launched a spectacular winning streak that continued to September 1974 when he turned to full contact karate. Wallace received his Bachelors degree in 1972 and completed his Master's at Memphis State University, where he then taught a physical education program which included Karate and Judo.

Wallace conducted seminars in Europe, South America, England, and throughout the U.S. He once taught at the Elvis Presley-owned studio, the Tennessee Karate Institute where Presley trained with Wallace briefly. He co-authored a college text, Karate's Basic Skills and Concepts. Voted into the Black Belt Hall of Fame as "Man of the Year" for 1978, he was twice elected "Karate Player of the Year." Wallace co-starred in the Chuck Norris film, A Force of One. He is Member of Who's Who in the Martial Arts.

A Tae Kwon Do/Shorin-Ryu stylist, he is noted for his fast left roundhouse kick and left hook kick. In the pro ring he is remembered for his quick left leg, which gave him the name "Superfoot." Wallace's ring history is 21-0, 11 KO's. He is the only full contact world champion to retire undefeated.

Registration Form for Bill "Superfoot" Wallace Seminar at Humble Civic Center, March 14, 2015 (Saturday).

NAME: _____

ADDRESS: _____

HOME PHONE: _____ , **WORK PHONE:** _____

Cell Phone : _____

DATE _____ **AMOUNT PAID** _____